

CONNECT @ CAMP:

INSTAGRAM: RHCCKIDS

CAMP #: #RHCAMP18

LEADERSHIP:

Kids Camp Director: Kenley Teige (757-532-4221) Kids Camp Pastor: Chase Baker (615-347-6882) Worship Leader: Jennifer Akers (940-206-7128) Kids Camp Guru: Anna Townsend (615-812-0276) Kids Camp Administration: Caree Clark (615-594-5868) Kids Camp Doctor: Brad Dennis (404-316-1473) Kids Camp Audio Engineer: Zach Teige Videographer: Jordan Hester Photographer: Lisa Simmons Summer Staffer: Krystyn Ryder

ADULT LEADERS:

(FEMALE)

Kristen Dennis Erin Lawrence Natalie Gottwals Stephanie Meek Linda Garrad Audrey Largen Claire Johnson Rossana Williams Jill Nelson Scotti Smith Shelley Ward Mandy McDermott Becky Kelley

(MALE)

Ron Carr Jason Gottwals Jeff Osburn Jason Holwerda Bob Garges Dan Alexander Eric Griesheimer Chris Strelecki

(HIGH SCHOOLERS)

Sarah Westmoreland Sarah Jones Faith Jones Mckenzie Midgett Evan Carr Lukas Wise

Important camp details: ELECTRONICS @ CAMP:

Campers are encouraged to leave all electronic devices at home. In the event that campers bring electronic devices, these will be collected by their Small Group leader upon arrival and returned Saturday morning before departure. This includes mobile phones, gaming devices, iPods, iPads, etc.

First, it's a safety and security issue. Second, it can be a big distraction. Third, these are typically expensive devices. We'd like to help you minimize the possibility of lost or damaged items. Campers have permission to call home using a leader cell phone at ANY time.

MONEY @ CAMP:

This year there is a snack shack provided by Jonathan Creek where campers will have access to treats throughout the week.

*If you have a child going to Kids Camp and want them to have access to snack shack items, we recommend the envelope system. Label envelopes according to a designated day of the week then place an appropriate amount of \$ in each envelope for your camper to ration throughout the week.

Missions:

Kids Camp: On Friday evening, Kids will have an opportunity to be apart of giving to a missions offering to benefit, Missions in Brazil.

MAIL @ CAMP:

If you'd like your camper to receive notes from home, please turn these in the morning of registration. We request that parents only include fun notes and letters. Please Label each note with your camper's name, grade, and the day of the week we should deliver it.

ALLERGIES @ CAMP:

Campers with food allergies at camp are encouraged to bring appropriate snacks along to camp. Please let us know the morning of registration if your child has any specific allergies that we/their small group leader should be aware of.

*Parents whose kids need an EpiPen at camp should provide that information on an index card turned in along with medicines at camp. The card should contain the child's name and reason for the EpiPen. Specific details about carrying and administering the pen should be discussed prior to leaving for camp.

Three Strike Rule @ Camp:

We want everyone to have the best week possible. If we are having trouble with any student or child they have three chances. On the 2nd chance parents will get a phone call explaining the situation. On the 3rd chance parents must come pick up the child from camp. We obviously don't expect this to be an issue for anyone! However, we want to make sure every person comes to camp knowing what is expected of them.

Things that will not be tolerated:

- 1. Physical Altercation
- 2. Disrespect
- 3. Inappropriate Language
- 4. Choosing not to follow Camp Rules

MEDICINE @ CAMP:

Please follow these instructions when sending over-the-counter and prescription medications to camp for your kids.

1. Prescription medication should be put in a daily pill organizer separated into the appropriate days.

- 2. The pill organizer must be labeled with your child's name.
- 3. Bring an index card with your child's name and a list of the medication[s] they need to take at camp along with administration instructions [i.e. Time of day, with food, etc.]
- Bring any over-the-counter medications in their sealed container. Label the outside of the container with your camper's name.
- 5. Add over-the-counter instructions to the reverse of the prescription index card or to a separate index card with your child's name.
- 6. Turn in ALL medications at check-in on Tuesday morning.
- 7. Contact Anna @ 615.812.0276 with any specific medication needs or questions prior to camp departure.

Please note: We will have Tylenol and Ibuprofen on hand, if needed. We are carrying a fully stocked First Aid kit as well. Do not pack the ziplock bag but keep it out and prepared to turn in on the morning of departure. There will be a table specifically for medicine drop off. Thanks for helping us keep kids and students safe while at camp!

Packing List:

- Reusable Water Bottle
- Bible and pen
- Clothing (including underwear and socks (:) – see Jonathan Creek's dress code.
- Rain jacket or poncho is suggested
- Wristwatch
- Clothes to get messy
- Swimsuit see Jonathan Creek's dress code.
- Closed toe shoes—tennis shoes —for Rec
- Flip-flops for shower
- Toiletries—soap, deodorant, shampoo, toothbrush, etc.
- Beach and Bath towels
- Bedding Twin fitted and flat sheet (or sleeping bag), blanket, and pillow
- Flashlight
- Sunblock & bug spray
- Medicine- in a ziplock bag with their name on it with instructions
- Snacks
- Money for camp snack store
- Money for Missions Offering (Brazil)
- Backpack
- Sunglasses

Things NOT to pack:

- Phones, iPods, iPads, any electronics
- Fireworks or weapons of any kind

Snacks with nuts

Jonathan Creek Dress Code:

"We ask that student and adults dress modestly. For females, shorts need to be longer than fingertips when arm is extended down the side of leg. We do not allow spaghetti strap tank tops or any tops where undergarments can be seen. Swimsuits must be one piece, no exceptions. For females, shorts must be worn over swimsuits at all times, even in the water. For both males and females, shirts must be worn at all times when walking to and from lake/pool."



SMALL GROUP COLORS

**Pack these colors 2ND GRADE GIRLS- YELLOW 3RD GRADE GIRLS- TEAL 4TH GRADE GIRLS- PINK 5TH GRADE GIRLS- PURPLE 2ND GRADE BOYS- RED 3RD GRADE BOYS- ORANGE 4TH GRADE BOYS- GREEN 5TH GRADE BOYS- BLUE ADULTS- SILVER

Sending your children to Camp and Welcoming them Home:

We love RH Camp! We believe summer camp can have a deep impact on your child's life in the friendships they create and taking next steps in their faith journey. Knowing the impact RH Camp can have on your child, we believe you can help set up their camp experience and continue the conversation when they get back. Here are a few tips that can help guide you as you prepare to send your child away.

Sending:

<u>Pray.</u> This seems self explanatory, but this is one of the absolute best ways to prepare your child camp experience. Specific things to pray: Travel, adult leaders, deep friendships, Bible Study time, connect during recreation, worship experience, deeper understanding of God's grace and love, etc...etc... Another great idea is to gather as a family on the morning of camp to pray over your child.

<u>Talk it up.</u> We want you to be just excited about the experience they will have at camp as they are. This is a week that could have a deep impact not only on your child, but your family. We pray that what they experience at camp will be expressed in how they live for Christ in the context of your family as well. By Talking it Up, you could also alleviate some stress or anxiety going into camp.

<u>Be Prepared.</u> Comb through the packing list, go over rules, complete medical release forms, and complete payments (if you haven't already done so). The day you drop them off to leave for camp needs to be as stress free as possible.

<u>Encourage</u>. One idea is to take some time to write a letter to your child. Kids Ministry will be collecting them and passing them out at camp. For students, slip a note in their bag before they leave or hand it to them right before they get on the bus.

Receiving:

<u>Continue the conversation</u>. After camp, the easy thing to do is move on to your other summer activities without revisiting the things they learned at camp. This is understandable because you weren't there to experience it with them, but this is a great opportunity to ask questions about their experience and how you can help them continue spiritual growth throughout the year. By the way, some kids will regurgitate every detail, but others may need a day to process.

<u>Next Steps.</u> Something that may come from your child's camp experience are ideas about how your family can then take next steps of faith together. Use their experience to be a catalyst for your entire family. Strike when the iron is hot.

We love you all and are honored to have your children at camp with us this year!

Blessings, Chase Baker Rolling Hills Family Pastor



snacks

CHIPS

Cool Ranch/Nacho Cheese Doritos, BBQ Lays, Cheetos, Sunchips (Garden Salsa, Harvest Cheddar, Original)

CANDY BAR \$1.50 Snickers, M&M, Peanut M&M, Reeses, Starburst, Skittles, Twix POPCORN \$1

NACHOS BASKET

cold treats

\$4

Dippin Dots Chocolate, Cookies & Cream, Rainbow, Cookie Dough



WATER	\$.25
FOUNTAIN DRINK	\$1.50
Coke, Diet Coke, Cherry Coke, Mr. Pibb, Mellow Yellow, Sprite, Powerade	Č.
ICEE Blue Raspberry, Cherry**	\$3
ISLAND OASIS SMOOTHIES Strawberry, Wildberry, Banana, Lemonade, Chocolate Shake & More**	\$4

**CHECK MENU BOARD FOR FLAVORS



\$1

\$1 \$3