



## WEDNESDAY NIGHT TRACKS

### (1) PARENTING TRACK

**Both of the following studies will be covered through the year and no homework-optional review and resources are available**

#### **CHRIST-CENTERED PARENTING**

by Russell Moore and Phillip Bethancourt

Are you equipped to talk to your kids about today's cultural issues? Designed to help you lead your children and teens in a confident and responsible way, these 6-sessions include videos and will equip you to address topics children of all ages face, including: (1) *gender issues*, (2) *suicide, depression, and anxiety*, (3) *pornography*, (4) *addiction and coping mechanisms*, (5) *same-sex marriage*, and (6) *singleness, dating, marriage, and divorce*. Give your kids a biblical worldview that will produce the next generation culture shapers - not simply the next generation shaped by their culture.

#### **6 TRUTHS OF MOTHERHOOD**

by Karen Stubbs (The newest study from Birds on a Wire Ministry.)

In this six-lesson study, you will tackle some of the big challenges facing moms today like discipline, resentment, identity, and family values. You can successfully navigate culture, parent your children and still find time for you, and The Six Truths of Motherhood will help you go from surviving to thriving. Each week is accompanied by a video.

### (2) BOOK STUDY TRACK

**Both of these books offer short easy to read chapters that will be covered during the year**

#### **POWER OF A PRAYING PARENT**

by Stormie Omartian

In these short, easy-to-read chapters, Stormie shares how you can pray through each stage of your child's life, from early childhood to adulthood. Learn how to put your child's life in God's loving hands in such areas as his or her: *safety, walk with God success in school, friends, family relationships, and gifts and talents*. It's never too late to discover the joy that comes from being a part of God's work in your child's life. You don't have to be a perfect parent. But you do need to be a praying parent. And you can do that.

## **RED SEA RULES**

by Robert J Morgan

This short little book will amaze you with 10 God Given strategies for hard times! It is certain that we will face difficulties, Using the Israelites' story in Exodus 14 as an example, Robert Morgan offers ten sound strategies for moving from fear to faith. His loving guidance will protect us through danger, illness, marital strife, financial problems, or whatever challenges Satan places in our path.

## **(3) BIBLE STUDY TRACK**

**Both of the following studies will be covered through the year and they require homework.**

### **BRAVE: Honest Questions Women Ask**

by Angela Thomas-Pharr

This Bible study looks at the heart of what women are thinking and feeling. Each week is accompanied by a video. Angela speaks to participants about deep feelings that all women have at one time or another. She looks boldly at some of the fears and struggles of being a woman, and she helps us see how we can be brave in the face of those challenges. We've all got insecurities, flaws, and struggles that we're afraid to address. But if we can be brave enough to raise the questions, God will answer us. You've got questions. God's got answers. Be brave. Ask.

Why can't I get it together?

Am I as invisible as I feel?

What am I so afraid of?

### **SEAMLESS: Understanding the Bible as One Complete Story**

by Angie Smith

This study will cover the people, places, and promises of the Bible, tying them together into the greater story of Scripture. Whether you've grown up hearing Bible stories or you're exploring Scripture for the first time, the full story of the Bible can be overwhelming. Experience the Bible as a whole as you gain clarity and confidence in your understanding of Scripture. Discover a biblical context that reshapes and brings to life stories from the Old and New Testaments. Each week is accompanied by a video. .